

## CENTRAL GARDENS WALK: FIVE SENSES GARDEN AND CHILDREN'S GARDEN

**Activity Overview:** Students will be introduced to two of the most popular gardens: the Lerner Garden of the Five Senses and the Bibby and Harold Alfond Children's Garden. This walk is between 60-90 minutes.

**Maximum Number of participants:** up to 25 students

**Introduction:** This activity is designed to introduce students to two amazing places at the Gardens. The Lerner Garden of the Five Senses has meandering paths through five distinct regions designed to emphasize each of the senses. It has unique garden beds designed for accessibility. The Bibby and Harold Alfond Children's Garden encompasses two acres of woods, ponds, and intensively designed theme gardens inspired by well-known children's books by Maine authors.

**Note:** The Gardens featured in this tour are ADA compliant and are suitable for guests of all abilities.

**Before the activity:** When your group arrives at the Gardens, you will go to your designated home base to receive admission stickers, drop off backpacks, use the restrooms, and meet your Gardens Guide who will introduce you to the tour.

### Things to know:

- the activity is designed for students to get to know two of our best-loved gardens
- the tour is easily walkable
- Gardens Guides will provide information and interpretation
- sneakers are recommended

There is a post-visit activity on the second page of this document.



**CENTRAL GARDENS WALK: FIVE SENSES GARDEN AND CHILDREN'S GARDEN**

Name \_\_\_\_\_

Date: \_\_\_\_\_

Instructions: Write and illustrate a sentence about each of the gardens you visited.

--	--

Children's Garden

Garden of the Five Senses

<hr/> <hr/>	<hr/> <hr/>
-------------	-------------